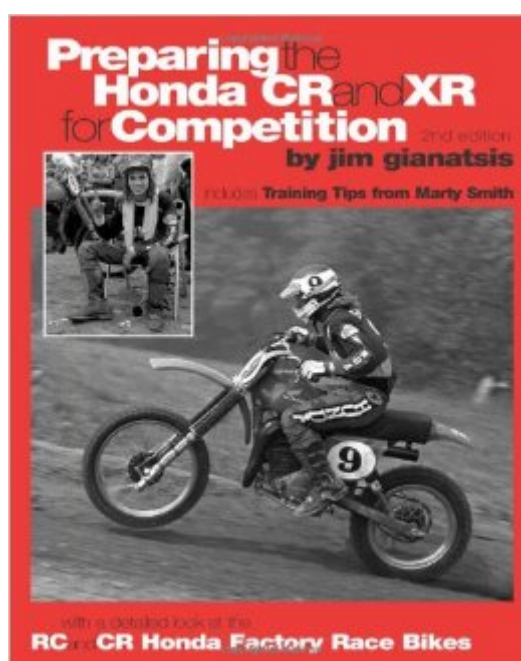


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# Preparing The Honda CR And XR For Competition: Includes Training Tips From Marty Smith, And And A Detailed Look At The CR And RC Honda Factory Race Bikes



## Synopsis

Preparing the Honda CR and XR for Competition includes Training Tips from Marty Smith, and a detailed look at the CR and RC Honda Factory Race Bikes First published in 1979 as the "Moto-X Fox Guide to Preparing the Honda CR and XR for Competition", this expanded 84-page book was written and photographed by famed 1970's Cycle News editor, racer and motocross journalist Jim "Jimmy the Greek" Gianatsis. Included is a later published 16-page Supplement featuring the 1980 season water-cooled RC Pro-Link monoshock works bikes, and a look at the rare RC125-80 twin cylinder motocross bike. Covered is the development and racing history of the Honda 2-stroke CR production and RC works bikes raced by the Don Jones family with Gary and DeWayne in 1973, through to the exotic RC works machines raced by Marty Smith, Marty Tripes, Pierre Karsmakers, Jimmy Ellis, Graham Noyce and Brad Lackey up through 1980 with the water-cooled Pro-Link bikes. Included is race bike preparation from American Honda factory mechanics Cliff White and Bill Buchka. Honda CR production bike race preparation and tuning is provided by the Moto-X Fox Racing Team, the top privateer team in motocross with tuners Keith Bontranger and Paul Turner for riders Steve Wise, Jim Turner, Larry Wosick and the Honda factory team. There is also a special chapter covering the Honda XR 4-stroke trail bikes and how to prepare them for motocross. Included is "Training Tips from Marty Smith" of Team Honda and 500cc National Motocross Champion. "Preparing the Honda CR and XR for Competition" serves as very interesting reading and a great historical reference guide for dirt bike fans both young and old. Many of the bike preparation and riding tips are still relevant today. A must have for any dirt bike enthusiast or collector.

## Book Information

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## Customer Reviews

This book has fantastic black & white photos of the 1973 to early 80's Elsinores and the motocross stars that rode them. There are specs and tips mostly for the 78-80 models but the groundbreaking 73 Elsinore 250 is not forgotten. There is even information about the early four strokes including XR's. If you rode a Honda during this era or just always wished you had one you need this book.

Great read if you are into vintage moto

I bought this to use as a reference while restoring a Honda Elsinore and found it helpful. Great book for Elsinore and vintage MX fans.

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